CAUSES OF LONG LIFE.

Noted Men of Great Age Have Held Various Opinions.

Cornaro, who was a great rake in his youth, but who reformed and lived to be 104, ascribed it to careful diet and the control of his passions. "He who seriously wishes to enjoy good health," he writes, "must learn to keep his passions in subjection to reason, otherwise all temperance will go for little." President John Quincy Adams, hale and hearty at 90, ascribed his success as a long liver to the fact that he regularly gave eight hours to sleep, eight to exercise and eight to work, and had taken regular air baths every morning, walked in his bedroom in a perfectly nude state, summer and winter alike, with the windows all open, for half an hour. But this is an impracticable recipe for longevity for residents in city blocks, says the New York Recorder. The grand old men of our day are much divided in the advice they give to their would-be imitators.

M. Barthelemy Saint-Hilaire, the famous French scholar, who recently entered on his 90th year, full of physical and intellectual vigor, ascribes his good fortune to strict adherence to the old precept, "Early to bed and early to rise," with steady work during waking hours.

Mr. Gladstone attributes his longevity to his habit of taking a daily walk in all weathers and to his giving his 32 bites to every morsel of food. Oliver Wendell Holmes pinned his faith on equability of temperature.

Dr. P. H. Van der Weyde, an American octogenarian, not long ago offered himself "as an example of the benign influence of the study and practice of music." Some aged persons give the credit of their long lives to abstinence from tobacco, alcohol or meat; others to their indulgence in all these things. One old lady, having reached the age of 100, maintained that single blessedness is the real elixir vitæ, and she ascribed the death of a brother at the tender age of 80 to the fact that he had committed matrimony in early life.

M. Ferdinand de Lesseps believed in horse riding. In a letter M. De Lesseps delivered himself as follows: "I shall always feel deeply grateful to Larive, my riding master, who, from my earliest years, made me share his own passion for horses; and I am still convinced that daily horse exercise has, in a large measure, been the means of enabling me to reach my 84th year in perfect health." Carlyle was also a great rider almost to the end of his long life, and he not only rode, but groomed his horse himself.

Note the curious fact that nobody who lives an extra long life ever ascribes it to luck. Yet luck is often a controlling element. Only a short time since a New Yorker, who had become an expert horseback rider as a means of health and longevity, following the De Lesseps and Carlisle formula, was riding in one of the city parks, when his horse became frightened, ran away and threw him. His neck was instantly broken. The gates of life and death swing out and in on the same hinges. All the health rules in the world will not insure the gift of long life against the chapter of accidents, which is the largest chapter of all in the books of human experience.

Learning to Skate.

A learner should, if possible, get some friend who is steady and strong on his or her feet to assist her on to the ice, and when on to hold her up while she is "finding her feet" by crossing hands. Short steps should be taken at first, as if walking, not forgetting to lean forward and to put the weight on the foot that is in advance. This is one of the first principles of skating and one that many who are endeavoring to teach themselves are often considerable time in discovering. As soon as you have gained a sufficient amount of confidence and balance, it is best to discard all but occasional assistance. In learning one should turn one's toes out, but when proficient enough to attempt the outside edge, the toes must be turned in, otherwise it will be impossible to use the outside edge of the skate.

When skating on either edge the shoulder corresponding to the foot being used must be advanced, this rule applying equally to both forward and backward skating. Remember, whether you are skating forward or backward, on the inside or on the outside edge, to always turn the head and look in the direction in which you are traveling. In striking off on the outside edge be careful not to fall into the bad habit general among beginners of stooping, and then regaining the balance by a jerky, sudden throwing back of the head. If you desire to skate easily or gracefully all sudden or jerky movements must be avoided. It is, of course, necessary to bend the knee when striking off, but doing so need interfere little with either the position of your body or head, and as soon as you have regained the balance, and are fairly off on your edge, the knee must be straightened, otherwise it will be impossible for you to develop either steadiness or power. Always hold the head well up, steadily resisting the desire (which many learners possess) to watch your feet or the ice. Carry the unemployed foot well behind the one in use, keeping the toe turned outward and downward. Do not let your elbows stick out sidewise. It is not graceful, and it often causes inconvenience to other skaters. Carry the arms easily and naturally.

Bucklen's Arnica Salve.

The best salve in the world for Cuts, Bruises, Sores, Ulcers, Salt Rheum, Fever Sores, Tetter, Chapped Hands, Chilblains, corns, and all Skin Eruptions and positively cures piles, or no pay required. It is guaranteed to give perfect satisfaction, or money refunded. Price 25 cents per box. For sale by H. H. Rice.

Relief in Six Hours.

Distressing kidney and bladder diseases relieved in six hours by the New Great South American Kidney Cure. This new remedy is a great surprise on account of its exceeding promptness in relieving pain in the bladder, kidneys, back and every part of the urinary passages in male or female. It relieves retention of water and pain in passing it almost immediately. If you want quick relief and cure this is your remedy. Sold by J. W. Nott, druggist, Watertown, N. Y.

Rheumatism Cured in a Day.

"Mystic Cure" for rheumatism and neuralgia, radically cures in one to three days. Its action upon the system is remarkable and mysterious. It removes at once the cause and the disease immediately disappears. The first dose greatly benefits, 75c. Sold by J. W. Nott, druggist, Watertown.

Do You Smoke?

There are few men or boys who do not use the weed in one form or another. We are conceded to be headquarters for cigars, tobaccos, pipes and smokers' articles. Why? Because our stock is the largest, and the person who can't find just what he wants in our line need not look any further. Prices all right. C. A. Morrison, 13 Arsenal street.

Always avoid harsh, purgative pills...

MUNYON'S TRIUMPH

THE FIGHT AGAINST DISEASE, POISONOUS DRUGS AND OLD FOGYISM DECLARED IN HIS FAVOR

Mr. J. Baumer Tells the Story of His Suffering and Cure.

Mr. J. Baumer, 42 East Twenty-First street, Bayonne, N. J., says: "Eighteen months ago I was so crippled with rheumatism that I could not dress myself. I tried all the doctors in Bayonne, but they gave me up as hopeless. I also tried numerous preparations, but I failed to find any relief. At last I heard of Munyon's Rheumatism Cure and began using it. The effect was marvelous. I improved at once, and found that less than two bottles were sufficient to cure me completely, as I have not had a twinge of rheumatism since."

Munyon's Rheumatism Cure is guaranteed to cure rheumatism in any part of the body. Acute or muscular rheumatism cured in from one to five days. It never fails to cure sharp, shooting pains in the arms, legs, sides, back or breast, or soreness in any part of the body in from one to three hours. It is guaranteed to promptly cure lameness, stiff and swollen joints, stiff back, and all pains in the hips and loins. Chronic rheumatism, sciatica, lumbago or pain in the back are speedily cured.

Munyon's Homœopathic Home Remedy company, of Philadelphia, puts up specifics for nearly every disease, which are sold by all druggists, mostly for 25 cents a bottle.

Those who are in doubt as to the nature of their disease should address Prof. Munyon, 1505 Arch street, Philadelphia, giving full symptoms of their disease. Prof. Munyon will carefully diagnose the case and give you the benefit of his advice absolutely free of all charge. The Remedies will be sent to any address on receipt of retail price.

For Health.

A decoction of cinnamon is recommended as a drink to be taken freely in localities where there is typhoid fever or cholera, for cinnamon has the power to destroy all infectious microbes. Even its scent kills them, while it is perfectly harmless to human beings. It is said that the essence of cinnamon, when exposed in the sick room will kill typhoid bacilli in 12 hours and prevent fresh ones.

As a rule the woman whose profession is housekeeping puts house first and herself second. It follows that occasionally she "gives out" and she is sure to be chronically tired. The business woman very soon learns that she must count herself first and business second, inasmuch as, to do her work well, she must be well. She conserves her strength by regular sleep, nourishing foods and restful baths. She does this, if she is successful; and the unsuccessful may find that frequently the inability to fill their business positions lies as much in physical weakness that may be remedied as in positive mental weakness.—Health.

First Aid to the Injured.

It is handy to know what to do in the case of accidental injury, when the immediate attendance of a doctor cannot be obtained, and therefore the following hints, given by Dr. Macy in the Ladies' Home Journal, are worth preserving:

Anyone suffering from a severe sprain will not require more than the first soaking to convince them of the advantage of hot over cold water. A flannel bandage should be applied firmly after each treatment. For bruises very much the same method should be followed, although application need not be continued for so long a time. For wounds or sores the best method is to drip or pour for a few minutes. For sties or inflamed eyelids, and even for sore eyes, use water as hot as can be borne by sopping. To stop bleeding, very hot water applied to the raw surface will be found efficacious. For many forms of dyspepsia and biliousness, particularly a catarrhal condition of the stomach, a goblet of hot water drunk after a night's fasting will give relief. For continued application in the form of a poultice, as in catarrh of the breast, pleurisy, pneumonia, etc., a jacket of cotton batting wrung out in very hot water by means of a towel and covered with oiled silk or waxed paper, should be used.

Mother Gray's Sweet Worm Powders

Mother Gray, a nurse in the Children's Home in New York, has for years treated children successfully with a remedy, now prepared and placed in the drug stores, called Mother Gray's Sweet Worm Powders. They are sold by all druggists at 25 cents a package. They remove all worms, are harmless as milk, pleasant to take and never fail. Valuable for feverishness, constipation and headache, even if no worms are present. Ask your druggist.

More Money May be Made

By dealers in substituting some other article when their customers want and ask for Bushnell's Hair Restorative. Don't be deceived by them. If you have diseased scalp, or your hair is dry, brittle or streaked with gray or white, be warned in time, or prevent baldness, or feeble gray hair by using at once Bushnell's Hair Restorative, and take no substitute. Sold by druggists for $1. By H. H. Rice, Watertown; D. Fish, Adams; Dain Bros. and W. H. Morrison, Lowville; Powers' Hotel drug store, Rochester; A. T. Smith, Theresa; Collins & Son, Norwood; W. E. Boyce, Henderson; Dr. Vincent, Lyme. Trial bottles sent to any address, express prepaid, on receipt of $1. Address Dr. H. N. Bushnell, Cape Vincent, N. Y.

Jules Doux.

French Dyer and Cleaner, 53 Bleecker street, Utica, N. Y.

Please send for our price list.

Leave goods with Ernest A. E. Meyer, Paddock Arcade, Watertown, N. Y., or Mrs H. B. Fairbanks, Smith Building.

Bed Bugs.

Don't have them but if you do go to Felt's and get a can of non-poisonous magic fluid. Not poison, but kills bed bugs and carpet bugs at sight.

Twenty-five Dollars.

A [illegible] may not cost over a $1, but if it just suits its owner he would not part with it for $25.00. On the other hand if it costs $3 and [illegible] not above it is worthless. We do [illegible] you to take the risk. If not [illegible] the price paid will be refunded [illegible] Felt's court street drug store. [illegible] 121, 148.

What Everybody Says

W. W. Corey sells the [illegible] cheese in the city. He [illegible] with some line of choice groceries [illegible] Had the market to sell, and [illegible] store could low that it will astonish [illegible]

ONE ON COL. MORRISON.

An Illustration of "Efficiency of Discipline."

Friends of ex-Congressman William R. Morrison, of Illinois, are telling an anecdote of officials dare relating to the chairman of the inter-state commerce committee, which forms rather cheerful reading these pleasant days of snow and arctic zephyrs. Col. Morrison believed in the efficiency of discipline of the mind. He has spent a great part of his eventful career in hotels, and one of his theories has always been that the mind can be so trained that the biggest sort of a hotel fire is powerless to sidetrack the reasoning faculties on occasions when presence of mind is needed. He impressed his theory very strongly upon Mrs. Morrison by conjuring up a variety of artificial exigencies and instructing her how to act in given cases.

Fate would have it that the colonel should be put to the test. He and his wife were aroused from their slumbers one night by an alarm of fire. The hotel in which they had their rooms was afire and great confusion and tumult ensued among the guests.

"Now is the time to put into practice what I have always preached to you, my dear," said the colonel. "Don't get excited. Put on all your indispensable apparel and take your time. Don't lose your head. Just watch me."

He calmed Mrs. Morrison's anxiety, handed her the various articles necessary to her toilet, put on his collar and cuffs, took his watch from under his pillow and placed it in his vest pocket, put on his hat, packed a valise of valuables, and taking his cane, walked with Mrs. Morrison out of the burning building into the street.

"Now, my dear," he said when they were safe, "don't you see what a grand thing it is to keep cool and act with a deliberate purpose in an emergency like this? Here you are completely dressed as though you were going out for a walk and over yonder are several ladies in complete dishabille."

Just then Mrs. Morrison for the first time glanced at her husband.

"You are right William," she said "it is a grand thing to keep cool and act deliberately, but if I had been you I would have staid in the room long enough to put on my trousers."—Washington Post.

The Sea Elephant Nearly Extinct.

[St. Nicholas.]

The California sea-elephant is an animal with a fearfully long Latin name, but a very short stay on this earth. It is the largest of all the seals, its average length when fully grown being from 12 to 14 feet, while it sometimes reaches the astonishing length of 22 feet, including the hind-flippers. It is still an open question whether this animal is of the same species as the sea-elephant of the Antarctic ocean. Our animal, like the other, derives its popular name from the lengthened, tapir-like proboscis, or snout, of the old males, which sometimes projects 6 inches or more beyond the end of the muzzle.

The hair is exceedingly short, very stiff and harsh, and when clean and dry is of a dusky yellowish color. This species once inhabited about 200 miles of the coast of California, from Point Reyes south, but it has been practically exterminated for the sake of its oil. In 1884 C. H. Townsend visited Santa Barbara Island for the express purpose of preserving for the National Museum the skins and skeletons of what were supposed to be the last survivors of the species, then about to be killed by a seal-hunter for their oil. The result was that at the eleventh hour a number of very valuable skins and skeletons were saved for the zoological museums of the world.

About the same time an enterprising collector actually captured five young specimens alive and shipped them to New York, Baltimore, Philadelphia and Cincinnati, which was the first and only time the species was ever seen alive in the eastern United States, and will doubtless be the last. But I am glad to be able to state that these seals are not absolutely extinct, for a short time ago Mr. Townsend assured me that a few individuals are yet somewhere south of San Francisco, in a place that the seal-hunters know not of.

Allen's Discovery for Piles.

"Allen's Discovery for Piles will cure blind, bleeding and itching piles, when all other treatments have failed. It stops the itching at once, eases the soreness, acts as a poultice and absorbs the tumors. It is a new discovery that cures piles! Prepared only for piles and itching and chafing, and nothing else. Ask today for Allen's Discovery. Sold by all druggists, 50c. Sent by mail. Address Allen's Discovery, Box 86, Leroy, N. Y.

Coffee! Coffee! Coffee!

Best coffee in the city, and prices that are right. F. Fuess, 33 Court street.

Sugar-Cured Hams.

Just received, another large invoice of sugar-cured hams from the Syracuse Packing Co., at Bohl & Gamble's.

Evaporated Fruit.

Evaporated apricots, cherries, peaches, prunes, prunelle and apples, at Bohl & Gamble's.

Sweet Cider.

Sweet cider for everybody, at Bohl & Gamble's.

White & Anthony,

Contractors and builders. Dealers in lumber, lath, shingles, &c. Lowest prices. Best work. 27 Moulton street.

Doors, Sash and Blinds

Always on hand, or made to order, turning and scroll sawing. White & Anthony, 27 Moulton street.

More cases of sick headache, biliousness, constipation, &c., can be cured in less time with less medicine, and for less money, by using Carter's Little Liver Pills, than by any other means.

Carter's Little Liver Pills will positively cure sick headache, and prevent its return. This is not talk, but true. One pill a dose. To be had of all druggists.

If you want a good job of plumbing, steam or hot-water work done, call at J. W. Spratt's, 63 Public Square.

Celery Tonic Bitters from Kalamazoo Mich. The celery garden of the world. Largest dollar bottle on the market, at drug store east side Public Square. J. W. Nott.

A fine line of pocketbooks and card cases at Homer H. Rice's.

Go to Robbin & Hotchkin's lumber yard for hemlock, pine and cedar shingles, all prices, 12 and 14 River street.

A large line of first-class ranges for sale very low for cash at J. W. Spratt's, 63 Public Square. Call and see them.

House furnishing goods at reduced prices at J. W. Spratt's, 63 Public Square.

All the well-known medicines and oddities, and some of the unknown, at H. H. Rice's drug store.

[illegible] practical sanitary plumber

BRIAR PIPE GIVEN AWAY

WITH EVERY ONE POUND bale OF

DUKES MIXTURE

for 40 cents

Every pipe stamped DUKES MIXTURE or ATC

2 OZ. PACKAGES 5¢

GOT THE HEADACHE?

If You Have, Here's the Way to Rid Yourself of the Weariness and Pain Attending It.

Some people suffer with headaches, many people are worn out and weary all the time, many more people have lame back and backache. Few people understand the real cause of their aches, and fewer yet know how easily they can find a cure. Just a word of explanation before we prove that what we say is true. The back is the key note of the kidneys. It aches: that's a sign that the kidneys are not working properly: it is lame; another sign the kidneys are out of order. The kidneys, you know, are the filters of the blood, but filters sometimes get clogged up. This means in their case that the blood courses through the entire system impregnated with poisonous uric acid, bringing on many a disorder which if neglected means disease, perhaps incurable, and now about the cure:—Don't take our word for it, read what one of your own citizens says. She may be a neighbor of yours, at any rate she makes this statement. She says: My complaint has been coming on for nearly five years; it was not so severe at first but has been slowly getting worse. These are the words of Mrs. H. Rector, who resides at No. 80 State street, and continuing with a description of her case she said: "The pains I suffered were in the small of the back and constant ache there and a sharp pain in the region of the bladder. I was always much worse if forced to bend over or stand on my feet for any length of time. During the passage of urine I experienced a sharp, smarting sensation extremely difficult to bear. The long duration of the disease seemed to weaken me all over and bring me to a "run down" condition. My husband procured a box of Doan's Kidney Pills for me. I began taking them and the good effect from them seemed almost immediate. They drove away all pain completely and did me more good than anything I have ever used. I cheerfully recommend Doan's Kidney Pills and think it a wonderful remedy."

Doan's Kidney Pills are for sale by all dealers, price 50 cents. Mailed by Foster-Milburn Co., Buffalo, N. Y., sole agents for the United States. S. Felt & Co., agents for Watertown.

Rents In Your Purse

Are often caused by breaks in your

Furniture!

Buy of ZIMMERMAN & HARDIMAN, and you won't have breaks. Our Fine all-hair Upholstered TURKISH LOUNGES $14.00, formerly $22.00. The finest line of Imported Lounge Covers, from $3.75 to $10.00. Best line of LACE CURTAINS that we have ever shown. Great Special on some at $4.35, formerly $6.25; exhibited in our Carpet Department, first floor.

Zimmerman & Hardiman,

40 and 42 Court Street.

COME TO HEADQUARTERS FOR YOUR

Spring Medicines.

We handle all the leading proprietary Medicines on the market, and our large trade keeps the stock fresh. The ever popular PAINE'S CELERY COMPOUND, HOOD'S AND DANA'S SARSAPARILLA are already having a great demand. No matter what the medicine is, if it is known to have any merits at all, it will be found at our store.

E. C. Van Namee,

CITY DRUG STORE

21 Public Square.

YOUR LAST CHANCE TO GET SOMETHING FOR NOTHING. GOOD RUBBERS GIVEN AWAY.

The 1st of March we take inventory. Until then we give away a Pair of Storm Rubbers with every pair of Ladies' Shoes sold; a pair of Croquet Rubbers with every pair of Misses' Shoes sold.

B. V. Hubbard & Co.,

No. 2 Flower Block.

FOR BARGAINS THAT R BARGAINS.

IN HEAVY WEIGHT CLOTHING you should visit our store. The values we are giving cannot be duplicated in Watertown. We are making room for the arrival of an Immense line of NEW SPRING CLOTHING, by giving the buyer a 50 per cent. cut from the regular season's prices. We can't promise to continue this "Once-in-a-life-time" opportunity of getting desirable Clothing at the prices now named for only a few days.

F. P. King & Co.,

The Arsenal Street Clothiers, Flower Block, Watertown, N. Y.

Flowers!

Greenhouses Full. 2,000 Rose and Carnation Flowers on hand. Beautiful Plants in bloom of Azaleas, Hyacinths, Daffodils, Lilies, &c. Call and see the beautiful.

W.W. GREENE & SON

Will You Look

To you own interest by inspecting the

Boston Piano

Before deciding on the make? Prices and quality are leading points in the "Boston," and you will find many interesting things about them. Old Pianos taken in exchange. We can undersell any dealer in the county, quality considered, as we have no rent to pay and no expensive clerk hire.

Geo. D. Schuyler,

47 Massey Street.

Wall Papers.

ROME, WATERTOWN & OGDENSBURG RAILROAD.

(N. Y. C. & H. R. R. Co., Lessee.)

On and after Monday, Nov. 18, 1894, trains will arrive and depart daily, except Sunday, unless otherwise noted.

FOR ROME AND THE EAST, SYRACUSE, OSWEGO, ROCHESTER, NIAGARA FALLS AND THE WEST.

6 15 A. M. Arrive at Richland 7:20 A. M., Oswego 8:30 A. M., Rochester 11:30 A. M., Suspension Bridge 1:35 P. M., Niagara Falls 2:10 P. M., Buffalo 3:05 P. M., Syracuse 9:05 A. M., Rome 8:45 A. M., Utica 9:12 A. M., Albany 12:40 P. M., New York 7:30 Springfield 5:30, Worcester 6:58 and Boston 9:25.

9 35 A. M. Arrive at Richland 10:40 A. M., Oswego 12:01 P. M., Syracuse 12:18 P. M., Rome 12:08 P. M., Utica 12:35 P. M., Albany 3:05 P. M., New York 6:30 P. M., Boston 9:20 P. M.

3 00 P. M. Arrive at Richland 4:10, Syracuse 5:30, Oswego 4:28, Rochester (R., W. & O. R. R.) 8:25, Suspension Bridge 11:05, Niagara Falls 12:31 P. M.

6 30 P. M. (With sleeping car to New York.) Arrive at Richland 7:40, Oswego 9:13, Syracuse 9:35, and Rome 9:35 P. M., Utica 9:45 P. M., New York 6:30 A. M. and Boston 10:50 A. M.

Note. Trains via Rome run solid to and from Utica via N. Y. C. & H. R. R. R.

FOR CARTHAGE, LOWVILLE, UTICA AND POINTS NORTH.

6 35 A. M. Arrive at Carthage 7:15, Lowville 7:45 and Utica 9:45 A. M.; Albany 1:10 P. M., New York 7:30 P. M., and Boston 6:05 P. M.

8 55 A. M. Arrive at Carthage 9:35 and Lowville 10:16 A. M., Utica 12:20, Albany 5:00, New York 8:30 and Boston 9:05 P. M.

100 P. M. Arrive at Carthage 1:40 P. M.

6 15 P. M. Arrive at Carthage 6:55, Lowville 7:27 and Utica 9:50 P. M.; New York 6:30 and Boston 10:30 A. M. This train runs every day in the year.

FOR PHILADELPHIA, CLAYTON, OGDENSBURG AND NORWOOD.

8 45 A. M. Arrive at Philadelphia 9:20 and Clayton 10:20 A. M., Ogdensburg 11:30 A. M., Norwood 11:40 A. M. and Massena Springs 12:20 P. M.

4 10 P. M. Arrive at Philadelphia 4:45, Clayton 5:45 P. M., Ogdensburg 7:00, Norwood 7:15, Massena Springs 7:40 P. M.

9 15 P. M. Arrive at Philadelphia at 9:50, Norwood 11:30 P. M.

FOR CAPE VINCENT AND SACKETS HARBOR.

8 55 A. M. Arrive at Cape Vincent at 9:55 A. M.

4 05 P. M. Arrive at Cape Vincent 5:00 P. M.

6 35 P. M. Arrive at Cape Vincent 7:30 P. M.

FOR SACKETS HARBOR.

Leave Watertown 7:15 and 11:30 A. M., 4:10 P. M. Arrive Sackets Harbor 7:50 A. M., 12:05 and 5:10 P. M.

Train arriving at Cape Vincent 9:55 A. M. connects with steamer for Kingston.

Passengers are requested to purchase tickets before entering the cars. An extra charge of TEN CENTS will be collected when fares are paid on the trains.

THEO. BUTTERFIELD, General Passenger Agent, Syracuse, N. Y.

EDGAR VAN ETTEN, General Superintendent, New York city.

Silver

Novelties of all Sorts, Solid and Plated Silverware, Clocks, Watches and Spectacles at Manufacturers' Prices at

The Closing Out Sale of Jewelry.

LEVY RUBIN,

17 Court Street.

VERNON BROS. MASSAGE

Trained Medical and Surgical Nurse. Hospital Experience in N.Y. City. No. 3 High Street, - - - Watertown.

Canadian Pacific

TO JAPAN AND CHINA, HONOLULU, FIJI & AUSTRALIA.

SAN FRANCISCO, PORTLAND, TACOMA, SEATTLE, VANCOUVER, WINNIPEG, CANADA AND MARITIME PROVINCES, MARQUETTE, MINNEAPOLIS, ST. PAUL, DULUTH, SUPERIOR, AND POINTS IN NORTHWESTERN STATES.

First-class Sleeping, Dining and Tourist Sleepers to Minneapolis, St. Paul and the Pacific Coast.

"AROUND THE WORLD

$610 [illegible]

For low rates and descriptive pamphlets, write to

C. S. RICHARDSON, T. P. A., 315 Broadway, Albany, N. Y.

Or E. V. SKINNER, G. E. A., 353 Broadway, N. Y.

Short Vacations!

FOR BUSY PEOPLE

By the beautiful new Steamships of the

OLD DOMINION LINE

TO OLD POINT COMFORT (Hygeia Hotel.)

OR VIRGINIA BEACH, (Princess Anne Hotel.)

MAY BE MADE FOR

$16 Old Point Comfort.... $16 $17 Virginia Beach........ 17

INCLUDING EVERY EXPENSE

Of meals and berths on route, and a day and a quarter's board at the hotels.

These trips are ideal, as a considerable portion of it is made through the quiet waters of the famous Hampton Roads and there is little likelihood of seasickness.

EXCURSION TICKETS TO

Richmond, Va.	$14 00
Washington, D. C. (by water)	13 00
Washington, by water, returning via B. & O. from Washington	15 00

The above 3 tickets include meals and stateroom accommodations on Old Dominion...