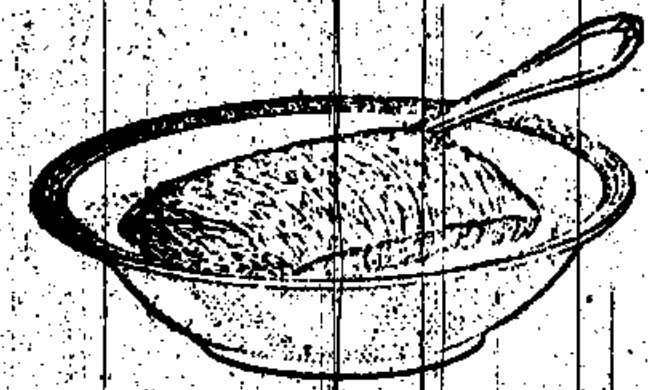


**The United States is Yours** if you are in good health. The United States spells Opportunity. Health comes from right selection of food and right habits. **Two Shredded Wheat Biscuits** for breakfast will supply more nutriment than many a two-dollar meal, and costs only four or five cents. A meal to work on, to play on. Shredded Wheat is ready-cooked, and ready-to-eat.



Made at Niagara Falls, N. Y.

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THURSDAY, JANUARY 11

**WHERE DOES THE MAYOR STAND**

Twenty-four hours have not palliated the offense against the taxpayers of the city perpetrated on Tuesday evening by a part of the Fire and Police Commission in refusing to award bids for fire apparatus. Last night, wherever business men gathered, there was nothing else under discussion and the names called would precede sending the paper which printed them through the mails. It seemed to be the unanimous opinion that there was absolutely no excuse for the turning down of the LaFrance bid. The bid was low, despite the futile and foolish attempt of one of the commissioners to deny it, and the engine has been here and proved itself entirely satisfactory in every possible test given. That there may be some seductive sinner in the woodpile does not affect the opinion and judgment of the city at large, however effective it may be in bringing about a deadlock.

There is but one way in which the matter can be settled and that was suggested yesterday, the immediate abolition of the department. Of course there is no telling what the administration would do. The mayor, Tuesday night, sat calmly through the meeting without even making a remark. It must have been interesting for him to hear the Old Jolter read in which the statement was made that the sale could be made without competition and then the additional paragraph explaining on the personal friendship of the writer and the mayor. In the absence of any statement to the contrary from the mayor, it is generally taken by the people that his assent must be acquiescence to the delay now being forced. Of course allowance must be made for the fact that the mayor has no particular power over the commission, but at least in his position as chief executive of the city, he might try to exert a little influence, just to show that he is attempting to govern the city in behalf of the people, a thing of which he boasted very recently in writing a veto on a Common Council measure. The Legislature has the power to amend the city charter and abolish the present commission and it is certainly up to the people to make a start.

**ABOUT INCREASE IN FOREIGN TRADE**

Enormous as has been the increase in our domestic trade, it has been less proportionally than the increase in our foreign trade, declares Dr. E. E. Pratt, of the U. S. Department of Commerce, in an article prepared by him for the New York Journal of Commerce of December 14.

There is nothing startling in this statement. As the Waterloo (Ill.) Republican pertinently remarks: "Not a single new factory can be located as the result of the Underwood tariff. It does not encourage any new enterprises nor foster any going industry. The established factories are busy because of the demands of bloody war. The new factories are those

which manufacture gun powder and war munitions."  
For example, our exports of 26 classes of articles comprising metals and manufactures thereof, horses and mules, foodstuffs, explosives, leather goods, clothing, mineral oils, etc., show a total for the last nine months under the Republican protective policy, ending September, 1913, of nearly \$780,000,000. Then came the depression in our industries of 1914, and notwithstanding the fact that some of these industries began to feel the stimulus of war orders during August and September of that year, our total exports of these 26 classes for the first nine months of 1914 were valued at only \$702,500,000, or a decline of \$77,500,000 in nine months. During the first nine months of 1916, exports of these same articles reached the colossal value of \$2,771,000,000. No man on earth nor any political party can be credited with such a showing, and any attempt of Dr. Pratt to attribute it to the activities of the Department of Commerce places the Department, as well as the man who makes the claim, in a ridiculous light.

**BUFFALO BILL**

Buffalo Bill is best-known to the present generation as a showman, who for twenty or more years past had exhibited his Wild West and other great canvas attractions in all parts of the country. But before he began his career as a showman he had achieved a national reputation as frontiersman, Indian fighter, scout and buffalo hunter. It was in the latter capacity that he earned the soubriquet "Buffalo Bill," by which he was better known than by his real name (W. F. Cody). Buffalo Bill had an army record in the Civil War and also on the stage as an actor in the "Scouts of the Plains." His Wild West Show exhibited several times in Oswego and many will remember the occasion when a furious storm blew down a part of his canvas when the show was being given on the Oswego fair grounds some time in the 90's. Buffalo Bill was a success in all the many and varied enterprises and employments in which he engaged. He was a national character and his death removes one of the most striking and picturesque figures that have occupied a prominent place in the minds of the public. He was the best of his kind and there seems to be no prospect that under the changed conditions of the country, another like him will ever appear.

It is claimed that millions spent in the last election have never been reported, but of course the politicians are always urged to forget the past.

The new legislators before the session is over, will be permitted to second some one's motion, or possibly to move to adjourn.

About now people get nervous prostration working for money with which to take a rest cure at the southern winter resorts.

Perhaps after a while we shall have a report from some one showing that the high cost of living is due to the high cost of investigating the high cost of living.

Chairman Hurley of the Federal Trade Commission announces that he will sift the high cost of living to the bottom. He will most more enthusiastically favor, however, if he will cut a liberal slice off the top.

Formerly politicians used to have their ears to the ground, but since the recent Wall Street leak they have them at the foreign relations committee floor.

Many people will spend their principal thought for the next few weeks planning for a racket on Washington's birthday, the next holiday, and then wonder why they don't get along any faster in business.

The Senate showed something of its old-time spirit of caution when it refused to be stampeded into a hasty endorsement of the President's note to the European belligerents. The note has had a cold reception in Europe—especially among the entente peoples; and it is ominous that France, our earliest friend, and Russia, our constant well-wisher, have shown signs of special resentment. The course of the Senate demonstrates that there are situations where Presidents rush in when senators fear to tread.

The vote of the Danish people to sell us their islands in the Caribbean

**The Times' Daily Chit Chat**  
By Ruth Cameron  
[Protected by the Adams Newspaper Service]

**FOUR DOLLARS A WEEK**

Someone told me of a most interesting experiment the other day. We were talking about the extraordinarily large wages demanded—and received,—by girls who do housework. One woman told of a friend who pays eight dollars for a maid for herself and husband. They have a small new house and they are away to meals about a quarter of the time. Another told of a family of two where the maid received six dollars a week though the family were away months at a time. The washing was put out and the woman even offered to have the cleaning done.

**Twenty-one Dollars a Week for Housework**

I myself told of hearing a woman in an intelligence office informed that the only accommodator (misleading name) she could get, charged three dollars a day. "When one realizes that no vocational training is required and that the wages are not affected by the high cost of living, since living is included, one gets an idea of how much these wages mean. And yet girls prefer to go into shops and factories and telephone exchanges where they sometimes get barely a living wage! Why is it?"

**"There's a Reason"**

No one can surely know, but the experiment of which I started to tell you means \$25,000,000 to be added to the expense of our governing operations this year and a much larger sum, we assume, when the work of converting the islands into an American Heligoland begins. Yet the trade is probably a good one, for it frees the Monroe Doctrine from one point of menace; because we could hardly sit in alliance and see those islands pass into the hands of a European power, as Germany, for instance. Yet the trade would have been a good deal better as planned by Republican administrations some years ago, for the price was then much lower.

**THE KITCHEN CABINET**  
Werther had a love for Charlotte  
Such as words could never utter;  
Would you know how fast he met her?  
She was cutting bread and butter.  
—Thackeray.

**Uncle Walt**  
Poet Philosopher  
WALT MASON

**THE SLEEPING PORCH**

There still are folks who sleep in doors, in closed up rooms they heave their snores, and breathe the stale and stagnant air which harbors germs and microbes there. And when the shades of night are sped, and they crawl stiffly out of bed, they say they're feeling worse, a heap, than ere they had their little sleep. I used to slumber in a room that was as aight as a tomb, and I was always out of whack, with rheumatism in my back, and corns and bunions on my knees, and every other punk disease. But now a sleeping porch is mine, and over me the night winds whine. I rise when comes the sunrise glow, and from my whiskers brush the snow, and thaw the ice from nose and ears, and greet the day with hearty cheers. And I'm so hearty and so hale, the undertaker lifts a wail. He used to think he'd get me soon, and plant me out beneath the moon, when I was grunting of my ills, and blowing coin for beeswax pills. But seeing me on buoyant feet, go scooting up the village street, and prancing like an acrobat, he doesn't know where he is at.

**Cruel and Unusual.**  
Carle was trying to convince his little brother of something which was not in accordance with his own views. He argued for several minutes, when little brother ran to their mother, exclaiming: "Mamma, Carlo just keeps arguing and arguing with me."  
Nellie Maxwell

**Home Cookery**

**Beefsteak Pie.**  
Take a pound of beefsteak and pound well, season with salt and pepper and fry slowly until nearly done; then pour in boiling water to cover and let simmer until tender. Pare and slice a dozen medium sized potatoes and cook in salted boiling water until done. If onions are liked two or three may be sliced and cooked with the potatoes. When all are done put potatoes, and onions on top of meat and make a good biscuit dough. Roll to half inch thickness, cut into biscuits and put close together without crowding on top of potatoes. Be sure and have plenty of gravy.

**Fried Chicken.**  
Cut one chicken as for fricassée, wash clean and put in a stewpan with as much water as will cover. Sprinkle with a large spoon of salt and let boil till tender. Keep pan covered as much as you can. When boiled enough pour off liquor, take chicken out of pan and put a half cupful of butter or lard in pan. Put into pan a large onion sliced and let fry till brown, often shaking pan. Make a batter of two eggs and half cupful of milk or water and beat. Dip chicken into this and put in pan to fry till brown, often shaking pan.

**Chili Con Carne.**  
Grind two pounds of round beef in the meat chopper and one medium sized onion. Cook slowly in plenty of water for one and one-half hours; then add a pint of hulled red kidney beans and a pint of strained tomatoes. Season lightly with salt and pepper. Cook for one-half hour longer. Do not allow it to cook down too much, as there should be plenty of broth.

**Steamed Brown Bread.**  
One cupful each of wheat flour, Graham flour and cornmeal, one cupful each of sweet milk and four milk, one-half cupful each of sugar and molasses, one egg, one tablespoonful of shortening and one teaspoonful each of salt and soda. Steam this about two hours and then put it in the oven and bake for one-half hour.

**Park Cake.**  
One pound of fat salt pork chopped fine. Pour over it one and a half pints of boiling water and add one pound of chopped raisins, two cups of sugar, two cups of molasses, one heaping teaspoon of soda, two eggs, little allspice, cloves and one-half teaspoon of nutmeg; and four large cups of flour.

**Fresh Air Sleepers Should Be Warmly Clad and Covered**

The North Carolina board of health gives the following advice to fresh air sleepers:  
People cannot expect to sleep warm in cold weather whether their windows are open or not without first making preparation for it. This requires, first, soft, warm night clothing that covers the arms and feet; second, plenty of light, warm covering, preferably woolen blankets, which are lighter and warmer than quilts; third, a hot, thick bed that lets no air in from underneath; fourth, warm bathrobe and slippers that will enable one to get in bed warm. One of the essentials for sleeping comfortably in cold fresh air is going to bed warm in warm night clothes. If necessary, a nightcap and piderdown foot warmers should be worn. The bed should be more than a thin mattress. One can get cold for lack of covering underneath as well as on top. A cold sponge bath in the morning will not only make fresh air sleeping easier and more delightful, but it will create such a resistance to cold that thinner clothes may be worn and less covering needed at night.

**An Indignant Cook**

HOW! FROM THE...  
I AM RIGHT HUNG!  
I AM SURE I AM RIGHT!  
I AM SURE I AM RIGHT!  
I AM SURE I AM RIGHT!

**FASHIONS FIFTY YEARS AGO**

**FAMILY REUNION OF 13 AFTER 30 YEARS**  
A family reunion, at which thirteen brothers and sisters are all together for the first time in more than thirty years, was recently held in Denver, Mo.  
These brothers and sisters are the children of the late Henry and Matilda Sowards, who lived in Denver in 1849 and died there continuously until their deaths. Of the fifteen children born to them two are dead.  
The brothers and sisters are: Henry and Isaac Sowards, Cashion, Okla.; Charles Sowards, Oakwood, Okla.; Mrs. Anna Wines, Aurora, Mo.; Amos Sowards, Albany, Mo.; Mrs. Martha Hill, Mrs. Mahala Garrett, Griffin, Mo.; Joseph, Frank, James, Thomas and John Sowards, all of Denver.

**STRIVING TO PRESERVE ELK HERDS IN WESTERN STATES**

The severe winter of 1915-16 brought about a crisis in the life of the elk herds of Wyoming and the neighboring states, and the organizations interested in conservation of the animal have since been considering the problems involved and are working actively this winter. The Campfire Club of America recently issued a bulletin on the subject, to which contributions were made by the United States forester, Henry S. Graves, by Dr. Nelson of the biological survey and by the game wardens of several states.

The United States forester in describing the difficulties of protecting the elk calls attention to the fact that there is no single agency responsible for its preservation. There is a national park, surrounded by seven national forests, upon which the game is under the jurisdiction of the states, with a number of state game preserves, and around the park are three state jurisdictions whose laws differ in many respects. The efforts of the federal government are for the full protection of the elk within the national park, co-operation with the state authorities on the national forests, the withholding in the national forests of over 1,250,000 acres from grazing by sheep and largely from grazing by cattle, the maintenance of a ranch at Jackson's Hole to provide food for the southern herd in winter, the killing of predatory animals and, finally, educational work to stimulate public interest.

The authorities have undertaken a study of the problem in order to develop the elk herds as a productive resource. This investigation is nearly complete. One of the results is a clearer understanding as to the relative amount of summer and winter ranges. The summer range upon the high elevation is ample. The question of winter range is the great problem. It is when the herds are driven down by severe weather to the lower valleys that starvation and destruction do their work. The range from which they seek their feed in winter has become restricted through settlement and stock grazing, and the investigators satisfied themselves that nearly as many elk are killed illegally as legally.

**AMERICAN SAILOR IS A MODERN ROBINSON CRUSOE**

**Floated Nine Days on Wreckage and Lived in Wilds Till He Met Indians.**  
Like the tale of Robinson Crusoe is the report reaching Acting Secretary of Commerce Sweet at Washington on the shipwreck and rescue of Gustave Nelson, an American sailor, one of the three survivors of the steamer Edward L. Hines, which went down in a storm in the Caribbean sea Friday, Oct. 13. After floating nine days on a piece of wreckage, aided by an improvised sail, with nothing to eat and only a little water, collected during showers to drink, Nelson reached Honduras. There he lived in the wilds eight days, eating berries and small fruits, until he met three Indians. He ran from these, but they overtook him and proved to be friendly Caribs. They took him to the American consul at Tela, J. Rivers, who reported the story. Nelson has been sent back to New Orleans and expects to join his family in Boston. Another sailor, Frederick Troutman, who was with Nelson on the wreckage, drank salt water, became crazed, and when they sighted land he jumped into the water to swim, but was too weak and drowned. Two other members of the crew, a Norwegian and a Spaniard, were afloat at sea on a hatch cover for thirteen days with rainwater to drink and two gulls caught with their bare hands to eat raw. They landed at Utilia Island and were reported by F. J. Dyer, American consul at Celba. The Edward L. Hines sailed from New Orleans for Colon and foundered in the storm when seven days out.

**Musical Feat**

One of the fastest composers that ever lived was Troter, the writer of songs. Some of the composer's feats verge on the marvelous. It is said, for example, that he actually wrote the score of "In Old Madrid" and had dropped it into the letter box within eight minutes of the time he had taken up his pen. This would be remarkable merely as showing his dexterity and agility, to say nothing of the labor of the composition itself.

**The Cuckoo**

In the middle ages the cuckoo was thought to be a god who took the form of a bird, and it was a sacrilege to kill him. The Romans were less superstitious and more practical. They caught him, killed him and ate him and hold no bird could be compared with him for sweetness of flesh.

**The Next Thing**

"This is the sunset gulf. The commanding officer has to hear its report every night."  
"And suppose it should fail to make a report?"  
"Then I have to make a report."  
Louisville Courier-Journal.

**He Was Soured**

Wigwag—I can always tell a married man when I meet one. Heunpeckle—Oh, I don't know! You might occasionally run across a bachelor with a grouch.—Philadelphia Record.

**Not in It**  
"Money talks."  
"I'm sorry, then, but you'll have to count me out of the debate."  
—Detroit Free Press.