



This column is prepared by parents of Julia Walkowicz Nursery School

"No matter how many times I speak to him Johnny just will not mind. . . . It is the exceptional parent with an exceptional child who has no discipline problem. What ever your beliefs on the subject may be; discipline in some form must play an important role in bringing up your child. It is an instrument for building character, for making family life more compatible, and for preparing your child for his place in society. The love and affection which the parent has and shows for the child is a necessary basis for good discipline. Any child, because he is a child will do things which are unacceptable to us. However, a secure child will more readily accept discipline assumed necessary by the parent."

There are many forms of discipline which will be discussed but it is important that we remember that whatever form you choose should always be definite, firm and consistent. Now there is our problem, in a word, consistent! If it is possible for us to be consistent on every point how much simpler our problem would be. How many times have you found yourself allowing Junior to do something which was forbidden the day before simply because you are busy or it is keeping him occupied at an important time. It happens, doesn't it?

We ask ourselves why our child is disobedient, these are many reasons. First, because your child is an individual, inexperienced perhaps, but still an individual in his own right, with his own ideas. Secondly, a child has a natural curiosity, they need many experiences to satisfy this curiosity even though these experiences are forbidden. Third, and especially important with our preschooler is the factor of fatigue. And an overtired child always manages to "get into trouble." However rest, not discipline is the answer here. In fairness to our child an explanation for all discipline is always in order. Explain whenever possible.



Facts About Furs
Now is the season when the stores have big sales on their fur coats. If you're lucky enough to be fur coat hunting now, you'll be interested in some tips from the department of textiles and clothing at Cornell.

They say that a recent act of Congress has required manufacturers to label fur with its true name. Now you won't be mystified by all those hybrid furs that bore such puzzling names as Biberette, Marmak, or Lapin. The label must also show the name of the country in which the animal originated, if imported skins are used. The store must also give you a sales check with the same information on it.

This law can help you to know what you are getting, but of course the label does not tell you any-

thing about the quality of the fur. You should get information from the dealer to give you a better idea of what you are getting. For that, a clothing specialist is all-important.

A Sick Child
If your child is cold and wheezes is usually one likes to be sick. If your child is very ill, he'll stay in bed without complaining. But as he starts to feel better he'll grow restless and bored. Then it's time for you to reach into your bag of tricks to help entertain him.

If your child is restless, but not yet well enough to sit up, give him something to watch, such as a bowl of goldfish, or build a bird-feeding station on a window sill near his bed.

When he's able to sit up, he'll enjoy coloring some pictures or modeling clay, or he may like to cut out paper dolls or pictures from magazines. To save yourself work cleaning up scraps and snips, place an old sheet over the blankets.

A Thought for the New Year
I'm only a housewife. How often have you heard women say

that? Perhaps you've even said it yourself. Many women tend to depreciate their very important role as homemakers. They think wistfully of the so-called glamour of a career, without realizing that theirs is the most valuable career of all—making a home for a family, raising children and teaching them the moral values that can only be learned at home.

If you've ever apologized for being "just a housewife," it might cheer you to think of your work in terms of its dollar value. Add up the hours you spend cooking, cleaning, mending and laundering. If you have a family of four, 30 hours a week is about average, and at a modest 75 cents an hour, that's \$22 a week. If you have a baby under a year, add 28 hours more at 7 cents each. How much time do you spend shopping each week? Home economists say you can save \$2 an hour on the time you spend watching for sales and planning your meals around seasonal foods.

Do you drive the family car? Car drivers make about \$2 an hour, so just figure how many taxi fares

you save your family. If you've been tending a sick person at your house, remember a practical nurse charges more than \$1 an hour.

Don't you agree that your value as a "housewife" is much greater than you thought?

MAGIC WITH MIRRORS
"Magic mirror on the wall" Remember that line from the old fairy tale? You can work your own magic with mirrors in the home if you do it properly, say Cornell specialists. Mirrors on the wall make a small dark room look larger and brighter.

You might want to try a paneled effect with a number of small mirrors with adhesive backing in most corners. You can buy small unframed mirrors with adhesive backing in most any department or five and ten cent store. When you hang them on the wall, their edges should touch.

Driving Safely at Night
Night driving is always hazardous, especially during these winter months when dusk comes early and roads may be slippery and treacherous. Here are a few safety rules

you'd be wise to follow when you drive at night.

Reduce your speed. Regardless of the posted speed limit, it's a good idea to drive slower when darkness falls.

Use your headlights properly. The high lights should be reserved for use on rural highways when no approaching car is within 1,000 feet. Switch to lower lights when an oncoming car approaches, when you are passing another car, or when you are driving in cities or residential areas.

Be on the alert for pedestrians walking in the shadows. Keep a wary eye out for cars with dim or burned out lights. Stop on the highway at night only if it's absolutely necessary. Always pull off the road, and leave your parking lights on. As an extra protection carry flares for such emergencies.

The 1955 peach crop in New York State is likely to be at least as large as the one million bushel crop produced in 1954, Cornell economists predict.

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YOUR brain budget

1. Enroute means (a) drawing up; (b) interruption; (c) submission.

2. Equanimity refers to (a) identical objects; (b) calmness; (c) freedom.

3. Fanciful is (a) scarcity; (b) fatness; (c) hesitation.

ANSWERS
1. Enroute
2. Equanimity
3. Fanciful

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